

Florida Health Care Activity Coordinators Association
48th Annual Summer Seminar
“ Shooting for the Stars”
Friday- July 7th - Saturday-July 8th, 2023

Friday, July 7, 2023

7:00 AM – 8:00 AM

Registration Open

8:00 AM – 10:00 AM

Mari Adams, MSN-ED, BSN, ARN, CHPN (2:00 Clock Hours)
Alzheimer’s Disease and Caring for the Caregiver

Creating Dynamic Activities that keep Seniors Active: Long Term Care facilities often struggle to create activities that are both engaging and varied enough to keep residents interested over the long-term care. This presentation focuses on creative activity ideas that incorporate music, art, and games, as well as strategies for adapting these activities to the interests and abilities of different residents. It also touches on the importance of regularly changing up activities to keep things fresh and interesting.

10:00 AM – 10:30 AM

Break

10:30 AM- 12:00 PM

Stimulating Senses Through Aroma Therapy
Andrea Silvey, ADC-MC,CDP (1.50 Clock Hours)

Let’s focus on stimulating our residents senses in various ways. Technology and advancement presented to utilize new resources available. The program can be offered on a one-to-one setting, one to two setting, or on a small group basis. The core purpose is to provide meaningful and potentially memory provoking sensory experiences in a pleasant non-evasive and relaxed format. It will be “Sensational”.

12:00 PM-1:00 PM

Lunch

1:00 PM- 3:00 PM

Vicky Pitner, CTRS, CDP, CMDCP (2.00 Clock Hours)
Fostering Self-Expressions Through Creative Arts

By Introducing the expressive arts: music and movement, visual arts, therapeutic drumming, facilitated poetry, creative writing, improvisation, and storytelling, self-expression can be shared and offers opportunities for connectedness. Utilizing the expressive arts as interventions to engage and connect, can reduce anxiety, improve an individual’s overall mood and well-being, recall emotions and memories, and improve sense of self. This is especially useful for those who are unable to express themselves verbally. Research shows that people living with dementia may experience cognitive decline, but creativity and imagination remains. Focus on the feeling when interacting with persons with dementia not the facts they may share.

3:30 PM- 4:30 PM Annual Business Meeting (1:00 Clock Hours)
Cathy Richards ACC , Mary Spikes, ACC, CDP, ALF
(This is an educational session)
“The Importance of Report Giving”
Parliamentary Procedure- Open to all Conference Attendees

The annual Business meeting will have key individuals within the FHCACA, giving their committee and district reports of all their accomplishments this past year on a state & district level.

5:00 PM -7:00 PM Dinner on your own

6:00 PM-8:00 PM What is Fundraising (2:00 Clock Hours)
Chris Gerard, ADC,CDP Anne Benson BA, ADC, Andrea Silvey, ADC-MC,
CDP

This is an incredible way to end the day.
The presentation of this session is outlined with motivation and enthusiasm. It Imparts a more positive attitude toward fundraising. The participants will have new fundraising ideas to take back to their facilities, with a refreshing attitude to make them work for everyone.

Saturday July 8, 2023

7:00 AM – 8:00 AM Registration Open

8:00 AM – 10:00 AM Kimberly Smoak, MSH, QIDP (2.0 Clock Hours)
Deputy Secretary/State Survey Agency Director
She is responsible for ensuring both Federal & State Survey work is completed in a timely manner.

“Knowing your Residents Rights.”

This session will cover emerging issues regarding resident’s rights and personal choices in both nursing homes and assisted living communities. Including focusing on patient centered care, education and training of staff, ways to reduce isolation, and other ways to insure protection of rights of residents.

10:00-AM-11:00 AM **Kimberly Smoak, MSH,QIDP** **(1:00 Clock Hours)**
Deputy Secretary/State Survey Agency Director
She is responsible for ensuring both Federal & State Survey work is completed in a timely manner.

Legislative Updates in 2023 Legislative session that affects long term care and Assisted Living.

What's new and what to expect for the upcoming year.
In this session will also cover an overview of the 2023 legislative session and how this impacts nursing homes and assisted living facility day by day.

11:00 AM- 12:30 PM **Lunch**

12:30 PM -2:00 PM **Rebecca Lanterman, BA** **(1:50 Clock Hours)**
Owner and President at Winter Garden Senior Home Care
Techniques for Increasing Attention Span.

As we age, our ability to focus on a task or activity for an extended period of time tends to decrease. This presentation will cover practical strategies that caregivers can use to keep seniors engaged and focused for longer periods of time. The presentation covers tips and techniques for building rapport with seniors, tailoring activities to individual interest and abilities, and fostering a sense of connection and engagement in these interactions.

2:00 PM-3:30 PM **Jeremiah Bradford, DPT, CLT,** **(1:50 Clock Hours)**
Creative Approaches to Engaging Seniors with Dementia . and Games Galore

This presentation will focus on creative strategies for engaging seniors with Dementia in activities that promote cognitive stimulation, socialization, and enjoyment. This will include tips for adapting activities to meet the needs and abilities of individuals with dementia, as well as techniques for using reminiscence, multisensory experiences, and other creative approaches to enhance engagement. Will include group activities and hands on.

Certificate of Attendance Yellow Copies Turned In
Safe Travels to your Home