

Creative Program Ideas for January 2013

The birthstone for January is the garnet.

The flowers are the snowdrop and carnation. **Important**

Celebrity Birthdays

January 1, 1940 ~ **J. Edgar Hoover**

January 2, 1920 ~ **Isaac Asimov**

January 3, 1909 ~ **Victor Borge**

January 4, 1937 ~ **Dyan Cannon**

January 5, 1946 ~ **Diane Keaton**

January 6, 1924 ~ **Earl Scruggs**

January 7, 1948 ~ **Kenny Loggins**

January 8, 1937 ~ **Shirley Bassey**

January 9, 1982 ~ **Kate Middleton**

January 10, 1945 ~ **Rod Stewart**

January 11, 1946 ~ **Naomi Judd**

January 12, 1951 ~ **Kristie Alley**

January 13, 1966 ~ **Patrick Dempsey**

January 14, 1941 ~ **Faye Dunaway**

January 15, 1913 ~ **Lloyd Bridges**

January 16, 1935 ~ **A. J Foyt, Jr.**

January 17, 1922 ~ **Betty White**

January 18, 1904 ~ **Cary Grant**

January 19, 1939 ~ **Phil Everly**

January 20, 1929 ~ **Arte Johnson**

January 21, 1940 ~ **Jack Nicklaus**

January 22, 1932 ~ **Piper Laurie**

January 23, 1919 ~ **Ernie Kovacs**

January 24, 1918 ~ **Oral Roberts**

January 25, 1938 ~ **Etta James**

January 26, 1925 ~ **Paul Newman**

January 27, 1921 ~ **Donna Reed**

January 28, 1936 ~ **Alan Alda**

January 29, 1918 ~ **John Forsythe**

January 30, 1930 ~ **Gene**

Hackman

January 31, 1931 ~ **Ernest (Ernie) Banks**

Important Dates in January:

January 1 ~ New Year's Day

124th Tournament of Roses Parade –
Oh, the Places You'll Go!

Begins at 10:00 a.m.

CST: <http://www.brownielocks.com/tournamentofrosesparade.html> **99th Rose Bowl**

Game: <http://www.brownielocks.com/tournamentofrosesparade.html>



Theme:

January 8 ~ Elvis Presley's Birth Anniversary

January 20-25 ~ National Activity Professionals Week: Plan something special for each day of the week to emphasize the value of activities for the residents' quality of life. This year's theme is *Activities, A Sure Bet*. **January 21** ~Dr. Martin Luther King, Jr.

Holiday: <http://www.brownielocks.com/martinlutherking.html> **January 23**

~Chinese New Year's Celebration – the Year of the Dragon

Get Organized Month: Make a commitment to organize your office, files, and storage areas this month. Get rid of the decorations from December that look a little disheveled or outdated. Take time to review your computer files and delete documents and/or messages that are outdated.

Don't forget to permanently delete the messages in you "delete" and "sent" mailboxes. As these accumulate, they slow down your email system. During one-to-one visits, help the more independent residents organize their drawers. Help them find places for the holiday gifts they received. Encourage the families to dispose of items the residents no longer wear and to store the clothing from previous seasons.

Brain Teaser Month: Brain fitness is very important at all stages of life for our residents. Take this opportunity to try some brain teasers with the residents. See if you can recognize the old saying from this sentence: "*Each vaporous mass suspended in the filament has an interior decoration of metallic hue.*" (Answer: *Every cloud has a silver lining.*) Perhaps the residents would like to solve a rebus, which is a picture representation of a name, word or phrase. Try to solve this rebus: 12:00T (Answer: Noon Tea) Riddles, palindromes, number games, numbers and initials and many other brainteasers are available on the following websites: <http://kids.niehs.nih.gov/games/riddles/index.htm>, <http://www.lumosity.com/ap> [p/v4/personalization?qclid=CKnEtc_407MCFQpgMgodC2wAAQ](http://www.lumosity.com/ap/v4/personalization?qclid=CKnEtc_407MCFQpgMgodC2wAAQ) and <http://dan.hersam.com/brain-teasers.html>.

January 4 ~ Pop Music Chart Day: Discuss the popular music from the eras when your residents were teenagers and young adults. Ask the residents about the memories this music evokes. Play samples for the music the residents remember. See if the residents can "name that tune" when you play the first few lines of the music. Give a prize to the resident who gets the most correct answers. For pop charts from eras dating back to the 1900s and trivia information about the artists, visit: <http://www.popculturemadness.com/Music/Home.html>, http://en.wikipedia.org/wiki/List_of_Billboard_Hot_100_chart_achievements_and_milestones and <http://tsort.info/music/ds1900.htm>.

January 17-24 ~ Sundance Film Festival: Organize your own film festival for the residents. Introduce the residents to **appropriate** newly released movies. Arrange screenings of these movies throughout the week. Discuss each movie after the screening and determine what the residents thought of the movie. Read what some of the critics said about the movies and whether the residents agree or disagree with the movie critics. Here are some websites featuring current reviews: <http://movies.yahoo.com/feature/criticsreviews/>, <http://www.metacritic.com/movie> and <http://rogerebert.suntimes.com/>.

January 17 ~ Snow Sculpting Day: If there is fresh snow on the ground, ask permission to have a snow sculpting competition between the departments. Let the staff know in advance so they can wear appropriate outerwear. Be sure to disburse around the facility so the residents can view the snow sculptures. Have the residents vote for their favorite sculpture and award a prize to that department. Since the residents cannot go outside to participate, you can adapt this activity for indoors. Encourage the residents to use their imaginations to create their own "snow" sculptures by using rolls of cotton, cotton balls, marshmallows, buttons, glue, glitter, yarn, etc. Take pictures of each creation and post the pictures on bulletin boards and in the facility newsletter.

Have a panel of judges select the 1st, 2nd and 3rd place winners. (Any of these ideas are great intergenerational activities.)

January 21 ~ Inauguration Day: Since the Official Presidential Inauguration Day falls on a Sunday in 2013, the public ceremony will take place on January 21, 2013. Discuss the election and what the residents would like to see happen during President Obama's second term in office. Play some presidential trivia with the residents to determine who knows their presidents best. Gather as a group to watch the Inauguration and parade. Check your local television listings for the correct time and

channel to view the inauguration. Visit the following website for more information and some trivia facts: <http://www.inauguralscholar.com/when-is-inauguration-day-2013/>.

January Craft Snowman Cloche

To make a **Snowman Cloche**, you'll need:

- White Styrofoam pieces as follows: 6" x 1" disc; two 2" balls; one each 3" and 1½" balls
- Clear 2-liter plastic soda bottle
- Adhesive remover (such as GooGone)
- White glitter
- 8" square of high-loft quilt batting
- 5 mm black half-round beads
- Wooden skewers
- Orange acrylic craft paint
- White sparkle texture paint
- Red micro marker
- Twigs
- Snowflake sequins
- Clear nylon thread
- [Mod Podge](#)
- Optional: Blush, mini birds, bird seed, snow sequins and clear thread



and clear

Tools needed: sharp pencil; old candle; plastic knife; small paintbrush; nippers; shoe box lid or newspaper; scissors and low-temp glue gun

Volunteers or staff doing the preparation for the craft will need a utility blade and serrated knife

Make your cloche:

1. Use adhesive remover to remove the label from the soda bottle. Thoroughly clean and dry the bottle.
2. A volunteer or member of the staff should cut off the bottom plastic bottle with a utility knife. It's okay if it's a little uneven.
3. Place bottle in the center of 6" foam disc and trace around it pencil. Remove the bottle and trace around the circle again, deep groove. Position the bottle in the grooved circle and it's straight.
4. A volunteer or member of the staff should use the tip of a knife to cut a hole in the bottom of one 2" ball so that it fits on the top of the bottle. Twist the ball onto the bottle until it completely covers the threads of the bottle top.
5. Set aside the foam ball and disc while you work on the project.



The foam ball should cover the threads on the neck of the bottle

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Make the snowman:

1. A volunteer or member of the staff should use the serrated knife to cut a small slice from the bottom of the remaining foam balls. Cut a slice from the top of the 2" ball.
2. Stack and glue the balls together, building your snowman.
3. Insert a wood dowel into the bottom of the snowman and use it as a handle. Cover the snowman with Mod Podge. Working over a shoebox lid or newspaper, sprinkle the wet snowman with white glitter. Gently press glitter into the Mod Podge.
4. Place the wood skewer in a jar while the snowman dries.
5. Repeat, this time glittering the foam ball that fits on top of the cloche.
6. When the snowman is dry, glue on beads for eyes.
7. Paint the end of wood skewer orange; let dry.

8. Cut off the orange end of the skewer using nippers. (This becomes the snowman's carrot
9. Insert the carrot nose into the snowman's face.
10. Draw on tiny mouth with red micro marker.
11. Insert two small forked twigs into sides for arms.

Create the snowman scene:

1. Cut quilt batting into a circle to fit inside the circle on the foam disc. Glue batting to center of disc.
2. Cover outer rim of disc with quilt batting, but be not to cover the groove.
3. Insert a 2" wood skewer halfway into bottom of snowman. Position snowman on the disc, slightly center. Test to be sure the cloche will fit over the snowman. Once you like the position of the snowman, glue him in place.
4. Trim several twigs and insert through the quilt batting and into the foam disc.
5. **Optional:** Glue birds to "trees." Glue birdseed to snowman's "hands" and on the ground.
6. Glue glittered ball to top of cloche.
7. Glue clear thread to snowflake sequins; glue other end to inside of the cloche.
8. Brush textured paint onto snowman's head, the tree branches, and on the base around the snowman.
9. Place the cloche in place and display.

This month's craft is from www.craftsncoffee.com.



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